

**USA Today  
says Actor  
JOHN WAYNE  
Had 40  
POUNDS Of  
Encrusted  
Fecal  
Matter**



This respected newspaper says, "Most people who eat the standard 'goo and glue' diet have about 5-10 pounds of matter stored in the colon. It's said that, according to the autopsy, actor John Wayne had 40 pounds of impacted fecal matter in his body at death." It can build up on you—and you don't feel a thing! It's *frightening*.